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Presenting Author Category

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Research Category

Clinical

Abstract Title

Co-creating an Indigenous Cultural Safety Learning Pathway for Indigenous Rehabilitation Service Providers

Background

Rehabilitation service providers (SPs) in Canada lack adequate training and access to resources that support culturally safer service delivery with Indigenous families. This gap has been identified by SPs, highlighting the need for improved training opportunities and support.

Objective

Our team co-created a Learning Pathway that aims to build capacities in cultural safety among rehabilitation SPs at two Winnipeg-based centres: the Rehabilitation Centre for Children (RCC) and Manitoba Possible. This poster outlines the co-creation process and presents the draft Learning Pathway.

Methods

In early 2025, a team of 14 people, including Indigenous Knowledge Keepers, Indigenous and non-Indigenous rehabilitation SPs and researchers, collaborated through in-person sessions and monthly virtual meetings. The Learning Pathway was informed by: i) team members' lived experiences and expertise; ii) existing trainings and policies at RCC and Manitoba Possible; iii) existing relevant frameworks (Wabishki Bizhiko Skaanj, Mamàhtawisiwin); and iv) calls to action and justice (Truth and Reconciliation Commission, National Inquiry into Missing and Murdered Indigenous Women and Girls).

Results

The draft Learning Pathway includes resources (e.g., journal articles, books, videos), tools, and trainings. It is structured around the Four Directions (North, East, South, West), each aligned with one of the Four Questions of Life (Honourable Murray Sinclair). The pathway begins with foundational content and then progresses to more advanced materials. It includes additional learning bundles tailored by profession and embedded reflection questions. People can engage with the Learning Pathway individually or as a group, enter at any point depending on their learning goals, and revisit content to promote lifelong learning. Next steps include finalizing and piloting the Learning Pathway.

Conclusion

This Learning Pathway addresses a critical gap in cultural safety education/training and promotes decolonization work. Our goal is to empower and support rehabilitation SPs to be culturally safer when working with Indigenous communities and families.

Authors

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