# **CHRD 2024: Abstract Submission Form**

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Role in the project Design Perform Experiments Analyze Data Write Abstract Presenter Status Residents

Research Category Clinical

#### Title

Developing and Revising a Knowledge Tool for Pediatric Respiratory Distress

### Background

Recent years have seen an increase in pediatric respiratory illnesses and the need for knowledge translation tools on pediatric respiratory distress.

#### Objective

This study's objectives were for Translating Emergency Knowledge for Kids (TREKK), a national not-forprofit network that aims to improve emergency care for children to: develop a pediatric respiratory distress algorithm with Healthcare Providers (HCP); and to quantitatively and qualitatively describe the algorithm's usability.

#### Methods

1. Literature on pediatric respiratory distress was identified in a librarian-led search, then reviewed and synthesized into a clinical algorithm.

2. HCP completed a survey with feedback for the algorithm. The survey included Likert scales from 1 to 10, (10="strongly agree", 1="strongly disagree"). Descriptive statistics summarized the results.

3. Qualitative data from three focus groups with HCP participants were analyzed using thematic analysis.

#### Results

Eighty-five HCPs completed the survey. They represented multiple roles and work settings within the healthcare system. All Likert scale averages were  $\Box$ 8.25 (SD=2.08, algorithm improved HCP confidence in managing pediatric respiratory distress). Regarding whether they would use the algorithm in clinical practice, mean=8.43 (SD=2.13). Regarding overall satisfaction, mean=8.70 (SD=1.49).

The focus groups included 19 participants from diverse roles (e.g. physicians, nurses) and work settings (e.g. urban, rural). Thematic analysis revealed that the algorithm:

1. facilitates the identification of the sickest patients.

2. is an educational tool, particularly for non-pediatric trained HCPs and HCPs in rural/remote settings.

3. is lacking in respiratory failure content and should address advanced respiratory support.

#### Conclusion

TREKK's pediatric respiratory distress algorithm meets the needs of the HCPs who participated in the study. Survey participants had a good impression of the algorithm and felt it would be useful in their clinical practice. The algorithm can identify sicker patients and educate non-pediatric trained HCPs. The next best step is the development of resources on advanced respiratory support.

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