

# **CHRD 2023: Abstract Submission Form**

**Submitter Name** 

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Research Category
Community Health / Policy

Presenter Status
Post-Doctoral Fellows

Role in the project Write Abstract

#### **Title**

Partnering for Research Innovation in Mental Health through eHealth Excellence (PRIME)

#### **Background**

PRIME is a new research theme at CHRIM, focusing on the mental health needs of families and integration of eHealth technologies. PRIME involves collaborating with diverse knowledge users to develop innovative mental health programs and approaches for children, youth, and families.

### **Objective**

To develop innovative programs and support to improve family mental well-being and address longstanding inequities.

### Methods

As part of the foundational theme development, we built on community connections to host an interaction and arts-based knowledge sharing event in Spring, 2023, bringing together 50 people from over twenty community organizations to foster meaningful partnerships. We also launched an online survey to begin to build a community of interested parties and gather foundational information on engagement preferences (https://rcsurvey.radyfhs.umanitoba.ca/surveys/?s=JEYRJ8TJ74JHLKF8). Following these activities, we conducted a series of 6 community focus groups with parents, Indigenous community members, and newcomers, using the innovative mixed methods priority setting approach (Circle of Importance). Mental health experiences and eHealth preferences guided the discussions

### Results

To date, 503 survey responses have been received. 16 sixteen individuals participated across 6 parent, newcomers/immigrant and Indigenous focus groups, lasting approximately 120 min each. The Circle of Importance was evaluated using post focus group surveys and individual interviews. Data are currently

being analyzed using thematic and content analysis and were captured through real-time graphic recording. Valuable thematic insights into mental health and eHealth experiences and priorities will be disseminated through PRIME communication channels, including websites, social media, and community newsletter, for instance.

### Conclusion

As eHealth approaches proliferate to address the important mental health challenges faced by families, PRIME is a guide for best-practices in patient-oriented eHealth care for families. We are consolidating resources and establishing connections for researchers and trainees as we further develop this initiative.

## **Authors**

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