

# **CHRD 2023: Abstract Submission Form**

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Research Category Basic Science Presenter Status PhD Student

Role in the project Design Perform Experiments Analyze Data Write Abstract

## Title

Identification of putative protein targets that mediate enhanced mitochondrial biogenesis in skeletal muscle-derived extracellular vesicles after chronic contractile activity

## Background

Extracellular vesicles (EVs) are membrane-bound nanoparticles encapsulating biological cargo, and mediate cellular communication. We have previously shown that skeletal muscle-derived EVs released post-chronic contractile activity (CCA) increased mitochondrial biogenesis (MitoB) in murine myoblasts, but the underlying mechanisms are unknown.

## Objective

Here, we investigated the localization of EV protein cargo post-CCA (luminal vs. membrane-bound) and identified putative EV protein targets (using proteomics) that mediate this effect.

## Methods

C2C12 murine myotubes were electrically paced (3 hrs/day x 4 days @ 14V, IonOptix). EVs were isolated from conditioned media using differential ultracentrifugation. CCA-EVs were treated with 100 µg/mL Proteinase K (ProK) + 0.1% Triton X-100 (Tr), and then co-cultured with myoblasts for 4 days. Mitochondrial respiration was measured (Seahorse XFe24, Agilent) and data analyzed using Student's t-tests. Liquid chromatography-mass spectrometry (LC-MS/MS) proteomic analysis was performed on control-EVs and CCA-EVs and data analyzed using bioinformatic tools (FunRich, Ingenuity Pathway Analysis, STRING).

# Results

CCA-EVs increased basal oxygen consumption rate (OCR) by 52% (p=0.0493, N=6), and maximal OCR by 28% vs. PBS (p=0.0320, N=6). Treatment with ProK + Tr ameliorated this effect (p=0.0292; p=0.0007, N=6). Using LC-MS/MS, a total of 2363 proteins were identified, of which 62 proteins were significantly altered, with 46 increased and 16 decreased in CCA-EVs vs. control-EVs. Pathway analysis identified Cap1-Pfn1-Actn1-Itga6 as significantly altered. These four proteins were also in Top-100 proteins identified in ExoCarta and Vesiclepedia databases. Interestingly, Cap1 and Pfn1 have been reported to mediate mitochondrial function and are both membrane-bound.

# Conclusion

Our data show that the CCA-EVs increased basal and maximal OCR, and the effect was mediated by membrane-bound and/or EV corona protein cargo. Additionally, the Cap1-Pfn1-Actn1-Itga6 pathway was significantly increased in CCA-EVs, with all four proteins enriched in EV databases. Our next step will be to validate putative targets to identify proteins regulating the pro-metabolic effects of CCA-EVs.

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