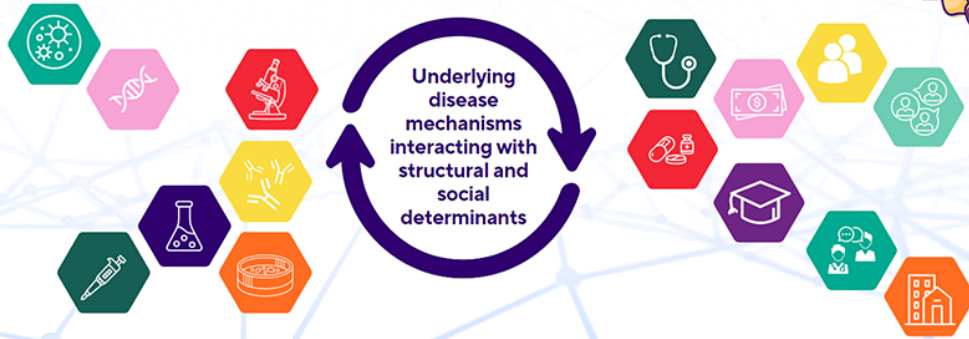




19TH ANNUAL CHILD HEALTH RESEARCH DAYS  
**Outcomes in Child Health**



October 25 + 26, 2023 | RBC Convention Centre, Winnipeg, Manitoba

Abstract Submission Form

## CHR D 2023: Abstract Submission Form

**Submitter Name**

Nicole Tongol

**Presenter Name**

Nicole Tongol

**Presenter Status**

Masters Student

**Research Category**

Community Health / Policy

**Role in the project**

Write Abstract

**Title**

Understandings Experiences and Priorities in Youth and Family Mental Health: Protocol for an Arts-Based Priority Setting Focus Group Study

**Background**

The rapid adoption of eHealth services during the COVID-19 pandemic contributed to a lack of user-centeredness and oversight of best practices, making priority setting with end users critical to developing services best suited to their needs. This is especially important for families, including those who have historically faced oppression and systemic barriers to service access. Arts-based approaches are a promising method for eliciting a deeper understanding of priorities, given their capacity to elicit various types of knowledge and responsiveness reflective of lived experience.

**Objective**

This study will determine the priorities of youth, parents/caregivers, newcomers, immigrants, and Indigenous community members regarding the use of eHealth in supporting their mental health, using an innovative arts-based method.

**Methods**

Interested participants will participate in priority setting focus groups using the newly developed "The Circle of Importance." This is a real-time data collection method integrating arts-based, qualitative, and quantitative data. It involves placing objects on a visual board with concentric circles corresponding to a 5-point Likert scale. Participants determine the meaning and importance of the object. This is followed by discussion to expand on participant experiences. Afterwards, participants' and facilitators' experiences with this activity will be evaluated using surveys and interviews.

**Results**

The present research is a protocol for conducting arts-based, priority setting focus groups. Methodological evaluation of the approach will be used to inform future amendments and applications. Emerging results from the protocol could be used to develop and inform numerous initiatives, including a context-sensitive research theme within the Children's Hospital Research Institute and publications regarding subgroup level analysis of priorities.

### **Conclusion**

Results of this protocol may inform and improve mental health services through engaging key knowledge partners. It can inform ways arts-based methods reflect aspects of experience beyond the capacities of qualitative or quantitative methods alone. Lastly, this research/approach evaluates its alignment with a positive participant experience.

## **Authors**

<b>Name</b>	<b>Email</b>	<b>Role</b>	<b>Profession</b>
Mandy Archibald	mandy.archibald@umanitoba.ca	Co Author	Assistant Professor
Sharifat Makinde	makindes@myumanitoba.ca	Co Author	Graduate
Nicole Tongol	tongolna@myumanitoba.ca	Presenting Author	Graduate
Sydney Levasseur-Puhach	puhachs@myumanitoba.ca	Co Author	Graduate
Leslie Roos	leslie.roos@umanitoba.ca	Co Author	Assistant Professor