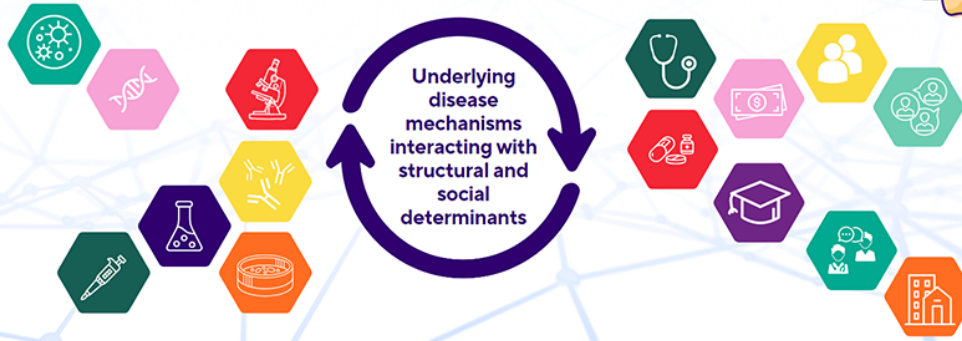




19TH ANNUAL CHILD HEALTH RESEARCH DAYS
Outcomes in Child Health



October 25 + 26, 2023 | RBC Convention Centre, Winnipeg, Manitoba

Abstract Submission Form

CHRD 2023: Abstract Submission Form

Submitter Name

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Presenter Status

Post-Doctoral Fellows

Research Category

Clinical

Role in the project

Design
Perform Experiments
Analyze Data
Write Abstract

Title

Partnering together to explore the tailored implementation of the 'F-words for Child Development' at an organizational level: a case study at Specialized Services for Children and Youth (SSCY) Centre

Background

The use of CanChild's 'F-words for Child Development' (functioning, family, fitness, fun, friends, future) framework is increasing globally. Studying how the F-words are used within organizations can optimize future implementation efforts and impact. Since 2020, CanChild and four Canadian child/family health organizations (including partners at Specialized Services for Children and Youth Centre ("SSCY")) conducted an implementation science (IS) study to assess the F-words implementation process and outcomes.

Objective

This poster presents SSCY findings on: i) appropriateness, feasibility, sustainability potential of F-words implementation; ii) implementation barriers/facilitators; and iii) implementation strategies used.

Methods

A two-year effectiveness-implementation hybrid type III, pre-post, integrated knowledge translation project grounded in IS approaches. SSCY's F-words implementation team tracked implementation strategies across three programs. Data on implementation barriers/facilitators, appropriateness, feasibility, and sustainability potential were collected through online surveys and virtual focus groups/interviews. Quantitative data was analyzed descriptively (means, frequencies). Qualitative data was analyzed using

directed content analysis, guided by the Consolidated Framework for Implementation Research.

Results

Administrators and implementation team members participated in interviews (n = 3), focus groups (n = 8), and online pre (n = 12) and post (n = 8) surveys. F-words implementation was deemed appropriate (mean 4.6/5), feasible (4.5/5), and displays potential for sustainability (5.5/7). Implementation strategy examples mapped to the Expert Recommendations for Implementing Change categories included developing educational materials (staff newsletter, family handout/poster), changing records/forms (SSCY program documents), and promoting network weaving (F-words Community of Practice). Example barriers included staff opportunity (time, capacity), COVID-19, and questions of F-words cultural safety. Facilitators included the F-words concepts (simplicity, advantages/benefits, adaptability), F-words alignment with SSCY values, and leadership buy-in.

Conclusion

Findings reveal the importance of taking an active IS approach throughout implementation, and the value of working with knowledge users to ground implementation in organizational needs and goals to support the success of implementation efforts.

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