

The Science of Nourishing the Next Generation

# **CHRD 2021: Abstract & Poster Submission Form**

#### **Submitter Name**

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#### **Research Category:**

• Basic Science

- O Clinical
- O Community Health / Policy

## What was your role in the project?

Design

- Perform Experiments
- ☑ Analyze Data
- Write Abstract

#### Presenter Status:

O Undergraduate Students

- Masters Student
- O PhD Student
- O Post-Doctoral Fellows
- O Residents
- O Non-Trainee

#### Title

Blocking Interleukin-1 beta Signaling Protects Pancreatic Islet Beta Cells From Intracellular and Extracellular Amyloid – Implications in Childhood Type 2 Diabetes

#### Background

Type-2 diabetes (T2D) is characterized by peripheral insulin resistance, beta-cell loss and dysfunction, leading to hyperglycemia. Despite being prevalent in adults, incidence of T2D in progressively increasing in children and adolescents. A key factor contributing to beta-cell death in T2D is intracellular and extracellular aggregation of a toxic protein called amyloid in pancreatic islets. Amyloid formation plays a key role in islet inflammation by stimulating interleukin-1beta (IL-1beta) production in islets.

#### Objective

In this study, we used two pharmacological strategies, IL-1 receptor antagonist (anakinra) and IL-1beta neutralizing monoclonal antibody (nAb), to examine if blocking IL-1beta signaling can reduce amyloid-induced beta-cell toxicity and enhance beta-cell survival.

#### Methods

Human islets (n=4 donors) were cultured free-floating in CMRL medium (11.1 mmol/l glucose; 7 days) to form amyloid. INS-1 beta-cells (n=3 independent studies) were cultured in RPMI medium after adenoviral transduction to induce intracellular amyloid formation. Human islets and INS-1 beta-cells were treated with anakinra (10  $\mu$ g/ml) or nAb (1  $\mu$ g/ml), respectively. Quantitative immunohistochemistry was performed on INS-1 beta-cells and paraffin-embedded human islet sections for insulin and Thioflavin S (large aggregates), A11 (small aggregates), TUNEL (apoptosis), or PCNA (proliferation).

#### Results

Cultured human islets formed amyloid which was mainly extracellular. Treatment with anakinra reduced amyloid-positive human islets (anakinra(-):  $12\pm4\%$ , anakinra(+):  $4\pm0.8\%$ , p<0.05) and decreased TUNEL-positive beta-cells (anakinra(-):  $7.4\pm0.9\%$ , anakinra(+):  $3.9\pm0.7\%$ , p<0.05). Transduced INS-1 beta-cells formed intracellular amyloid and treatment with nAb reduced the proportion of amyloid-positive (nAb(-):  $70\pm5\%$ , nAb(+):  $48\%\pm6\%$ , p<0.05) and TUNEL-positive (nAb(-):  $3.1\pm1.0\%$ , nAb(+):  $1.5\pm0.2\%$ , p<0.05) INS-1 beta-cells. PCNA-positive beta-cells were increased in treated human islets and INS-1 beta-cells (anakinra(-):  $0.6\pm0.3\%$ , anakinra(+):  $1.0\pm0.3\%$ , nAb(-):  $0.5\pm0.1\%$ , nAb(+):  $1.0\pm0.2\%$ , p<0.05).

#### Conclusion

Treatment with anakinra or nAb reduced intracellular and extracellular amyloid formation, decreased amyloid-induced beta-cell death, and enhanced beta-cell proliferation. Blocking IL-1beta may provide an effective strategy to protect beta-cells in T2D in children and adults.

## Authors

• For each author, please click "[+] Add Item" and provide the author's information

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