

ABSTRACT SUBMISSION FORM

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SEX + GENDER

Exploring the role of sex and gender on health research



CHR D 2020: Abstract Submission Form

Submitter Name

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Title

Title: An Examination of Treating Substance Use in Mothers with Young Children: A Scoping Review of the Literature

Background

The majority of women in treatment for a substance use disorder (SUD) have children. This is concerning, given negative consequences attributed to SUDs impact not only the mother, but also the child. SUD treatments are developed based on research dominated by men which lacks generalizability, despite the harms associated with maternal substance use. Integrative treatment models have shown favorable outcomes; defined by emphasizing the mother-child relationship, including various service providers, and incorporating trauma-informed therapy components.

Objective

The aim of this study was to identify the extent of treatments for maternal substance use in mothers with children aged 0-5 years.

Methods

Literature was searched within the Medline, PsycINFO, PubMed, and PsycARTICLE databases. A total of 20,678 articles were identified; the title and abstract of 11,822 articles and the full text of 101 articles were screened. Two independent reviewers assessed all articles for eligibility. Twelve articles were deemed eligible and are included here.

Results

All 12 articles identified included programs provided in an outpatient setting. The slight minority, $n = 5$, were home visiting programs. The programs were largely delivered by paraprofessionals ($n = 6$), and masters ($n = 4$) or doctoral ($n = 4$) students. Most programs included ($n = 10$) were not directly SUD treatments; five were parenting programs and two examined maternal responsiveness, with substance use measures as a secondary outcome. While most studies ($n = 11$) incorporated components of an integrative treatment model, only one study assessed an integrative SUD treatment program, i.e. independent

housing, case management, and substance use counseling.

Conclusion

Results highlight a lack of integrative treatment models developed that specifically target maternal SUD. Instead, substance use outcomes are being tacked onto pre-existing SUD treatments focused on the child-parent relationship. Collectively, findings point toward the importance of focusing future efforts on integrated treatment models specific for mothers.

Theme:

Community Health / Policy

Do you have a table/figure to upload?

No

Are you willing to participate in Goodbear's Den?

Yes

Presenter Status:

Undergraduate Students

What was your role in the project?

Other: Design/organize, screen articles, analyze data, & write abstract

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