CLOSTRIDIOIDES DIFFICILE INFECTION IN CHILDREN WITH INFLAMMATORY BOWEL DISEASE

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Background:

To investigate the incidence and risk factors associated with *Clostridioides* (previously known as clostridium) *difficile* infection (CDI) in children with IBD in the province of Manitoba.

Objective:

To investigate the incidence and risk factors associated with Clostridioides difficile infection (CDI) in children with IBD in the province of Manitoba.

Methods:

Our longitudinal population-based cohort comprised of all children and young adults < 17y diagnosed with IBD in the Canadian province of Manitoba between 2011 and 2019. Diagnosis of CDI was confirmed based on the Triage C. *difficile* immunoassay and polymerase chain reaction assay to detect the presence of toxigenic C. difficile. *Fisher's* exact test was used to examine the relationship between categorical variables. *Cox*-regression model was used to estimate the risk of CDI development in IBD patients.

Results:

Among the 261 children with IBD, 20 (7.7%) developed CDI with an incidence rate of 5.04 cases per 1000 person-years and median age at diagnosis of 12.96yr (IQR: 9.33-15.81). There was no difference in the rate of disease development in UC vs. CD patients (p=0.46). The incidence rate of CDI among UC and CD patients were 4.16 cases per 1000 person-years and 5.88 cases per 1000 person-years, respectively (p=0.46). Compared to children without CDI, those who had CDI were at increased risk of future exposure to systemic corticosteroids (hazard ratio (HR): 4.30; CI: 1.44-12.87) and anti-tumor necrosis factor (TNF) biologics (HR: 3.37; CI: 1.13-10.09).

Conclusion:

Our findings confirm that children with IBD are at a high risk of developing CDI which may predict future escalation of IBD therapy.